



## KAMLOOPS

# children's charter of rights

In the words of our children...

**1 The right to basic needs** Every child has the right to a home, clothing, nutritious food, clean air and water; to be loved, to sleep and have stuffies to cuddle with.

**2 The right to make friends and freely meet in groups** Every child has the right to have fun with friends - together we learn how to make friends, share, and know that it is okay to be ourselves.

**3 The right to religion, culture and beliefs** Every child has the right to learn acceptance, tolerance and to walk a path of our own.

**4 The right to privacy** Every child has the right to be alone, to have time for thinking and a spot to call "mine."

**5 The right to justice, protection and treatment** Every child has the right to live without fear knowing we will be safe - someone to protect us from spiders.

**6 The right to education** Every child has the right to learn how to read and write, and know what is going on in the world.

**7 The right to a caring home environment** Every child has the right to have someone to care for us, feed us, tuck us into bed, say "I love you" and try to give us a happy life.

**8 The right to be heard** Every child has the right to express themselves without being criticized, to make choices, ask questions and state an opinion - adults should respect that.

**9 The right to an identity** Every child has the right to learn and feel good about themselves, to have hope and wonder.

**10 The right to peace** Every child has the right to participate in peaceful gatherings and the freedom to love and be friends.

**11 The right to equal access** Every child has the right to be treated with the same love, care, respect and kindness - to not be treated differently because we are children.

**12 The right to play** Every child has the right to play in the rain and build a waterfall in the backyard.

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[www.makechildrenfirst.ca](http://www.makechildrenfirst.ca)

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youth's

charter

of rights

## In the words of our youth...

1

**The right to basic needs** Healthy food, clothing, sleep, clean water and access to technology.

2

**The right to make friends and freely meet in groups** To build social skills and be with like-minded people our own age.

3

**The right to religion, culture and beliefs** To have positive role models who practice their traditions - to accept our differences and live in a tolerant community.

4

**The right to privacy** To have our own space, to think and collect our thoughts.

5

**The right to justice, protection and treatment** To live in a community with good leaders and adults who show they really care. We should be given a chance to be trusted.

6

**The right to education** To have opportunities and encouragement to develop our potential, to have a good life and provide for ourselves.

7

**The right to a caring home environment** To be a part of a family who we can rely on, to feel safe and secure at home and have dinner with our family on Sundays.

8

**The right to be heard** To voice our opinion, speak our mind and have people in our lives who value what we say.

9

**The right to an identity** To love being "me".

10

**The right to peace** People want peace, and you can make peace when you believe.

11

**The right to equal access** No one is more important than anyone else and we should all have opportunities to do many things.

12

**The right to play** To feel good, let loose and be free. To still be a kid!

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